








## No Screentime Until...

-  You have gotten dressed, brushed teeth and brushed hair M\_\_T\_\_W\_\_T\_\_F\_\_
-  You have read your flashcards M\_\_T\_\_W\_\_T\_\_F\_\_
-  You have picked up your room (bed, clothes, toys) M\_\_T\_\_W\_\_T\_\_F\_\_
-  You have made one family contribution (fold laundry, vacuum, clean bathroom, sweep, organize toys etc) M\_\_T\_\_W\_\_T\_\_F\_\_
-  You have done something active outside (or creative inside if rainy) M\_\_T\_\_W\_\_T\_\_F\_\_